



# CARIBBEAN COLLEGE OF FAMILY PHYSICIANS

## JAMAICA CHAPTER

### Adolescent Webinar – Part 3B –Mental Health & Ethics

Theme: “Navigating Mental Health and Ethical Challenges in Adolescent Care: Balancing Wellness, Autonomy and Responsibility”

Sunday January 26, 2025

#### Programme

**Moderator: Dr. Pauline Williams-Green – Past President & Executive Member - CCFPJ**

12:30 pm - 12:45am ZOOM ROOM OPEN – Pre-test (15min)

12:45 pm - 12:50pm **Prayer** – Dr. Arna J. Brown-Morgan– Family Physician & Executive Board Member CCFPJ.  
(5min)

12:50 pm - 12:55pm **Greetings/ Welcome** – Dr. Seni Ononuju – President CCFPJ. Chapter (5min)

#### *Mental Health*

12:55 pm - 1:25 pm **The Intersection of Mental Health and Substance Use disorders in Adolescents** – Dr. Janique Baldwin-Miller (Consultant Psychiatrist) (30min)

1:25 pm - 1:55 pm **Managing Anxiety in Adolescents: Implications of Competitive Sports and Injury Recovery** – Prof. Caryl James (Clinical Psychologist) (30min)

1:55 pm - 2:00 pm Sponsor Presentation (5min)

2:00 pm - 2:30 pm **Body Image and Self-Esteem in Adolescents: Navigating Reproductive Health Issues inclusive of PCOS and Obesity** – Dr. Abigail Harrison (Paediatrician and Adolescent Medicine Specialist) (30 min)

2:30 pm - 2:40 pm **Sponsor Presentation – CCFPJ Promo** (10min)

#### *Ethics*

2:40 pm - 3:10pm **Ethics of Managing Substance use disorders in Adolescents: Balancing Autonomy and Mandatory Reporting"** – Dr. Anthony Frankson (Epidemiologist & Bio-ethicist) (30 min)

3:10 pm - 3:15 pm Sponsor Presentation (5min)

3:15 pm - 3:45pm **The Role of Ethics in Adolescent Sports Medicine: Prioritizing Long-Term Health Over Performance** – Dr. Wayne Palmer (Orthopaedic Consultant) (30 min)

3:45 pm - 4:05pm **Questions and Answers** (20 min)

4:05pm - 4:10 pm **Vote of Thanks** – Dr. Dane Levy – Secretary CCFPJ (5min)

NCCME HRS REQUESTED (inc'l HRS ETHICS)

