

## CARIBBEAN COLLEGE OF FAMILY PHYSICIANS

(Jamaica Chapter)

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# TITLE OF PROGRAMME/ACTIVITY:

Heart Failure with Reduced Ejection Fraction (HFrEF): Updates from ESC 2025 — Get with the Guidelines

DATE: NOVEMBER 10, 2025 VENUE: ZOOM

#### **PROGRAMME AGENDA**

| Time           | Segment   | Presenter   | Remarks                                  |
|----------------|---|---|--|
| 6:00 - 6:10 PM | Welcome and<br>Opening Remarks  | Dr. Martin Taylor<br>(Moderator)                              | Greetings and programme overview         |
| 6:10 - 6:15 PM | Introduction of<br>Speaker  | Ms. Sophia<br>McKenzie, Novartis<br>Business Co-<br>ordinator | Introduction of keynote presenter        |
| 6:15 - 7:15 PM | Keynote Presentation: Heart Failure with Reduced Ejection Fraction – Updates from ESC 2025: Get with the Guidelines | Dr. Claudine Lewis,<br>Consultant<br>Cardiologist             | PowerPoint Lecture<br>and Q&A integrated |
| 7:15 – 7:20 PM | Vote of Thanks  | Mr. Scott Leslie,<br>Novartis Medical<br>Representative       | Appreciation and closing remarks         |

## **PROGRAMME GOAL**

To update physicians on the 2025 European Society of Cardiology (ESC) guideline directives for the management of Heart Failure with Reduced Ejection Fraction (HFrEF), promoting the integration of evidence-based strategies into clinical practice.

## **SPECIFIC OBJECTIVES**

- Identify key updates in the ESC 2025 Heart Failure guidelines relevant to the management of HFrEF.
- Explain the evidence base and rationale for updated therapeutic recommendations.
- Apply the new ESC directives in diagnosing, monitoring, and treating patients with HFrEF.
- Strengthen decision-making capacity in optimizing patient outcomes and improving quality of life.
- Empower physicians to align local practice with global evidence-based standards.